

**Planning TEAM TRAINING**

**Zone Functional Training**

	Lundi	Mardi	Mercredi	Jeudi	Vendredi	Dimanche
6h00				CROSS TRAINING Clavien		
7h00					CROSS TRAINING Clavien	
9h30	CROSS TRAINING Clavien					
10h30						CROSS TRAINING Tournus
12h15		CROSS TRAINING Jean-Léon		CROSS TRAINING Amalia		
18h00			CROSS TRAINING Clavien			
18h30	CROSS TRAINING Amalia	<b>OUTDOOR TRAINING</b> Tournus				

**Vous avez la possibilité de créer vos propres Team Training !** Informations et inscriptions : [info@atelier-71.ch](mailto:info@atelier-71.ch) / 078 805 16 52 / 079 658 93 79